



MEETING
ATLETISMO
MAIA
CIDADE DO
DESPORTO
2025

REGULATIONS

01 GENERAL INFORMATION

The Meeting Maia Cidade do Desporto 2025 is an outdoor track and field athletics tournament, integrated into the FPA – Portuguese Athletics Federation – meeting circuit and the **World Athletics Continental Tour – BRONZE Category – C.**

The meeting will take place in the city of Maia, on **19 July 2025**, at the athletics track of **Prof. Dr. Vieira de Carvalho Stadium**, and is organised by **Maia Atlético Clube**, in collaboration with **Maia City Council** and the **Porto Athletics Association (AAP)**.

02 COMPETITION PROGRAMME

Men	Men
110m Hurdles	100m Hurdles
100 m	100 m
200 m	200 m
1500 m	1500 m
Shot Put	Shot Put
Javelin Throw	Javelin Throw
Discus Throw	Discus Throw
Long Jump	Long Jump
5000 m	3000 m
Youth Athletics – Pre-Meeting	
To be announced closer to the event date.	

Note: The programme may be subject to change up to 60 days before the competition date, if deemed necessary by the organisation



03 PARTICIPANTS

Participation is open to athletes registered with the Portuguese Athletics Federation (FPA) for the 2024/2025 season. Foreign athletes may participate with a valid athletics license and prior authorisation from their respective National Federation to compete in Portugal.

04 REGISTRATIONS

Pre-registrations must be requested via email (mmcdesporto@gmail.com) and through a Google Forms link, which will be available from 11 June to 11 July 2024 at 23:00. Required data to be submitted via email:

- Full name
- Date of birth
- Gender
- Club
- Nationality
- Event(s)
- PB (Personal Best)
- SB (Season Best)
- Phone number
- Email address

Please note: Acceptance of pre-registration does not guarantee entry to the competition.

<https://forms.gle/xFCV5DR6Aq8q1yf19>

05 ADMITTED ATHLETES

5.1 Admission Criteria

- Athletes invited by the organisation
- Athletes who completed pre-registration within the official deadline

Inclusion in the pre-registration list does **not guarantee participation**, as the organisation reserves the right to select athletes. Each event has a maximum quota, as detailed below:



Men's Events		Women's Events	
Event	No. of Athletes	Event	No. of Athletes
100 m	16/24 (see 5.2)	100 m	16
200 m	8 (see 5.2)	200 m	8
1500 m	18	1500 m	18
Javelin	6	Javelin	6
Shot Put	6	Shot Put	6
Discus	6	Discus	6
Long Jump	10	Long Jump	10
5000 m	20	3000m	20

5.2. Conditions for Multiple Heat

- 200m: Two heats will only be held if at least **12 athletes** are registered and the performance level justifies it. Otherwise, only one heat will take place.
- 100m (Men): Up to three heats may occur if **24 or more high-quality entries** are received. Otherwise, only one or two heats will be organised, based on 5.1.

5.3 Publication of Admitted Athletes

The final list of admitted athletes will be published on 4 July 2025 via:

- Official MMCD25 Facebook page
- AAP website: <https://www.aaporto.com>
- MMCD official website

5.4 Withdrawals

Athletes unable to attend after being admitted must inform the organisation via email: mmcdesporto@gmail.com

06 IMPLEMENT HOMOLOGATION

Personal implements are allowed, provided they are homologated. Implements must be handed in at the **Call Room** for verification **120 minutes before** the scheduled start of the event. Approved implements will be placed in the competition area and made available to all athletes.

07 CONFIRMATION & BIB NUMBER PICK-UP

All admitted athletes must confirm their participation and collect their bib numbers at the competition office no later than 180 minutes before the start of their event.

08 FINAL COMPETITION TIMETABLE

The final competition schedule and Start List will be published on 4 July 2025 by the organisation.

09 CALL ROOM PROTOCOL

CALL ROOM PROTOCOL		
Event Type	Report Time	Entry to Track
Track Races	20´	10´
Hurdles	25´	15´
Field Events	40´	30´



10 PRIZES

The MMCD25 – part of the **WA Continental Tour BRONZE** – will award a total of **€30,150**, distributed to the **top 5 athletes** in each event as follows:

1st place	€600
2nd place	€450
3rd place	€300
4th place	€200
5th place	€125

Prizes and any other reimbursable expenses will be paid **within 90 days**, upon submission of an invoice or official receipt (**single act in Portuguese tax system**) within two weeks following the event.

This procedure is mandatory for **all Portuguese and foreign athletes**.

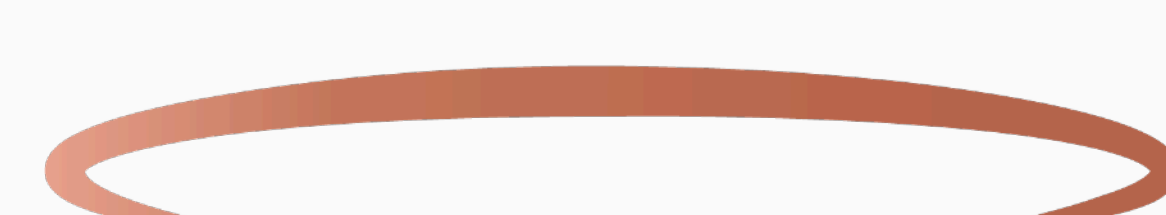
A formal **podium ceremony** will be held for the 1st place in each event, as soon as conditions allow.

11 ANTI-DOPING CONTROL

In accordance with World Athletics regulations, anti-doping control tests will be conducted on a random and/or targeted selection basis. The analysis must be carried out at the WADA-accredited laboratory assigned for the event, in compliance with WADA standards and World Athletics Guidelines, with a minimum of five samples to be tested.

12 APPLICABLE RULES

Any omitted cases in this regulation will follow the rules set by the **FPA (Portuguese Athletics Federation)** and **World Athletics**.





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WORLD ATHLETICS™
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Tour**BRONZE**