



**MEETING**  
**ATLETISMO**

**MAIA**  
**CIDADE DO**  
**DESPORTO** **2026**

**REGULATIONS**

# 01 MEETING MAIA CIDADE DO DESPORTO 2026

The Meeting Maia Cidade do Desporto 2026 is an outdoor track and **field tournament integrated into the FPA (Portuguese Athletics Federation) meetings circuit and the World Athletics Continental Tour – BRONZE Category – C.**

The meeting will take place in the city of **Maia, on July 4, 2026**, at the athletics track of the Prof. Dr. Vieira de Carvalho stadium, and is organized by the Maia Atlético Clube with the collaboration of the Maia City Council and the Porto Athletics Association.

# 02 COMPETITION PROGRAM / PRE MEETING

Men	Woman
110m Hurdles	100m Hurdles
100 m	100 m
400 m	400 m
800 m	800 m
1500 m	1500 m
Long Jump	Long Jump
Javelin Throw	Shot Put
Discus Throw	Discus Throw
60 meters (U14 / U16)	60 meters (U14 / U16)

## 03 PARTICIPANTS

- Athletes registered with the Portuguese Athletics Federation - FPA - valid for the 2026 season are allowed to participate.
- Foreign athletes with a valid federation license and permission from their corresponding National Federation to compete in Portugal.

## 04 REGISTRATIONS / ENTRIES

**Pre-registrations** must be completed through the official competition website <https://meetingmaiacidadedodesporto.pt/> via the link <https://meetingmaiacidadedodesporto.pt/participation-request/>, starting from June 1<sup>st</sup> until June 30<sup>th</sup>, 2026, by 23:00. **It is important to note that the acceptance of your pre-registration does not guarantee entry**

## 05 ADMITTED ATHLETES

**5.1** Athletes will be admitted as following and by order of criteria: athletes invited by the organization, athletes who pre-registered within the deadline established by the organization. **The organization reserves the right of admission in the selection of athletes who pre-registered for this purpose**, meaning that appearing on the list does not guarantee automatic participation.

**There are quotas, which may reach an established maximum, for each event by following table below:**

Men's		Women's	
110 m Hurdles	8/16 (5.2)	100 m Hurdles	8/16 (5.2)
100 m	16/24 (5.2)	100 m	16/24 (5.2)
400 m	8/16 (5.2)	400 m	8/16 (5.2)
800 m	18 (5.2)	800 m	18 (5.2)
1500 m	30	1500 m	30
Long Jump	8/10 (5.2)	Long Jump	8/10 (5.2)
Javelin Throw	8/10 (5.2)	Shot Put	8/10 .
Discus Throw	6 (5.2)	Discus Throw	6 (5.2)
60 m	8/16	60 m	8/16

**5.2. In the sprint events, 100m, 100m and 110m Hurdles, and 400m, the number of quotas will take into account the number and quality of registrants. The quotas shown in the table will respect the established range.** If the desired number of athletes is not reached, only one or two heats will be held, considering point 5.1 of this regulation. **In the long jump, athletes are entitled to 6 attempts, in the discus throw, shot put and javelin throws 6 attempts.**

**5.3.** The list of admitted athletes will be made public through the official MMCD26 website <https://meetingmaiacidadedodesporto.pt/> (Meeting Maia Cidade do Desporto 2026), and the AAP website (<https://www.aaporto.com/>), on July 1, 2026.

**5.4.** If an athlete was admitted and by any reason is unable to compete, then he/she should communicate to meeting liaison or director by e-mail: [josepraia.isc@gmail.com](mailto:josepraia.isc@gmail.com) or [mmcdesporto@gmail.com](mailto:mmcdesporto@gmail.com)

## 06 **HOMOLOGATION OF IMPLEMENTS**

The Organization authorizes the use of personal implements, provided they are homologated. Therefore, implements must be delivered to the Call Room for verification up to 120 minutes before the scheduled start time of the respective event. Approved implements will be placed in the throwing area and will be available to all competing athletes.

## 07 **CONFIRMATION OF PARTICIPATION AND BIB COLLECTION**

Athletes registered and admitted to MMCD26 (Meeting Maia Cidade do Desporto 2026) must confirm their participation and collect their bib at the competition secretariat up to 180 minutes before the start of the event in which they are registered.

## 08 **TIMETABLE**

The definitive competition timetable will be published on July 2, 2026, alongside the definitive Start List of athletes admitted and confirmed by the organization.

## 09 **CALL ROOM PROTOCOL**

CALL ROOM PROTOCOL		
Event Type	Report Time	Entry to Track
Track Races	20´	10´
Hurdles	25´	15´
Field Events	40´	30´



## 10 PRIZES

The MMCD26 - WA Continental Tour BRONZE meeting will award a total of 30,400 euros in prize money. Top 5 finishers at each event:

1st place	€600
2nd place	€500
3rd place	€400
4th place	€250
5th place	€150

In events where there are multiple heats and no final is held, classification prizes, as well as points awarded by World Athletics, will be given based on the results obtained across all heats, ranked overall. **If there is a Final A and a Final B (for instance, in the 100 meters), only athletes in Final A are eligible to receive prizes.**

Prizes, as well as other expenses to be claimed, will be settled within 90 days upon presentation of an invoice and/or receipt, within the first two weeks following the realization of the MMCD26. This procedure is mandatory and applies to all Portuguese and foreign athletes. If documents are not submitted within 180 days, the organization reserves the right not to pay the amounts due.

There will be a protocol ceremony in all events for the first-place finisher, which will take place as soon as the conditions for it are met.

## 11 **ANTI-DOPING CONTROL**

In accordance with World Athletics regulations, anti-doping control tests will be conducted on a random and/or targeted selection basis. The analysis must be carried out at the WADA-accredited laboratory assigned for the event, in compliance with WADA standards and World Athletics Guidelines, with a minimum of five samples to be tested.

## 12 **APPLICABLE RULES**

Any omitted cases in this regulation will follow the rules set by the FPA (Portuguese Athletics Federation) and World Athletics.



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